



# CEDAR HILL

## Sports Therapy Clinic

### Orthotics: Confidential Medical Health History

Name: \_\_\_\_\_

Please describe your **current symptoms** that you are hoping orthotics will help with: \_\_\_\_\_

\_\_\_\_\_

When did these **symptoms begin**: \_\_\_\_\_

Have you had this condition before? Yes ☐ No ☐ If so, when? \_\_\_\_\_

Have you received therapies for these symptoms? Chiropractic / Physiotherapy / Acupuncture / Other: \_\_\_\_\_

Please list the **intended uses** for your orthotics (including fitness/recreational activities): \_\_\_\_\_

\_\_\_\_\_

Occupation: \_\_\_\_\_ Please indicate how much of your day is spent on your feet? \_\_\_\_\_

Recreational/fitness activities/fitness programs? \_\_\_\_\_

Have you had orthotics in the past? Yes ☐ No ☐ If so, when? \_\_\_\_\_

What are your **preferred shoe types**? \_\_\_\_\_

**Weight:** \_\_\_\_\_ **Height:** \_\_\_\_\_ **Shoe Size:** \_\_\_\_\_

Please circle any of the following that **apply to you**:

Cancer Diabetes Osteoporosis High/Low Blood Pressure Heart Disease Rheumatoid Arthritis/Osteoarthritis

Polio Allergies Pregnancy Skin Condition Dizziness MS/Neurological Conditions

CMT CP Other: \_\_\_\_\_

Have you had any **lower leg extremity surgeries**? Yes ☐ No ☐ If yes, Date(s)? \_\_\_\_\_

If yes, please describe \_\_\_\_\_

Name of **referring medical practitioner**: \_\_\_\_\_

Do you have a **prescription** for orthotics: \_\_\_\_\_

Do you have extended health coverage? Yes ☐ No ☐ If so, name of insurer: \_\_\_\_\_

To the best of my knowledge the above is a true statement of my physical condition.

Signature: \_\_\_\_\_ Date(MM/DD/YYYY): \_\_\_\_/\_\_\_\_/\_\_\_\_

Name: \_\_\_\_\_ DOB(MM/DD/YY): \_\_\_\_/\_\_\_\_/\_\_\_\_ PHN: \_\_\_\_\_ Page \_\_\_\_